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AFRICA

*Nutritional Situation In Africa
An Update (UPNIA-2020)*



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On behalf of the Board, I am delighted to announce the launch of Volume 4, Issue 9 (Special issue entitled "Nutritional Situation In Africa : An Update (UPNIA-2020)").

It turns out that Africa (across the different countries) continues making unavoidable efforts to ameliorate the nutritional situation over the African population with the perspective of the Sustainable Development Goals (SDGs).

Rates of diet-related chronic disease are increasing globally. African countries have been witnessing over the last few decades changes in lifestyle and a drastic shift from a traditional to an industrialized/westernized diet. This has led to an unprecedented augmentation in the prevalence of obesity and overweight through reduction in physical activity, cancers, chronic and metabolic diseases. However, African countries confront various significant political, economic, social and environmental constraints to increased food insecurity. Thus, undernutrition continues affecting a large proportion of the population especially children < 5y. and women at procreative age. Fighting micronutrient deficiencies remains a public health challenge in several African countries. Besides to this double burden (under- and over-nutrition), the population aging a further important factor currently affecting the nutrition landscape in Africa. Hence, an appropriate nutrition support should be provided to the elderly population to ensure the expected well-being after the age of 60 y.

As a result, this special issue is dedicated to increasing and updating our knowledge on the nutrition situation in African countries. It also provides for a compilation of efforts made in order to enhance them nutrition and health status of African population and achieve SDGs.

Dr. Nada Benajiba is serving as Guest Editors for this issue

The North African Journal of Food and Nutrition Research (NAJFNR) is an open access and international peer-reviewed journal, which publishes original (not previously published) work of exceptional quality and interest and which intends to give a wide-ranging coverage of research, views, and reviews on nutrition and its effects in relation to human health and disease. The *NAJFNR* will include all nutrition field research in humans and various disease model organisms and will be of interest to the basic researcher as well as to physician scientists and clinicians.

Seventeen (17) main specialties are involved:

- Food Composition and Dietary Intake Assessment;
- Epidemiology, and the Prevalence of Related Disorders such as Obesity, Diabetes, Dyslipidemias, etc.;
- Biochemistry and Cellular Metabolism of Nutrients;
- Dietary Strategies and Nutrition Education;
- Food Security and Challenges;
- Food Behavior and Quality of Life;
- Public Health Policy & Health Economics;
- Nutrition and Cancer;
- Food Chemistry and Engineering;
- Human and Clinical Nutrition;
- Food Processing and Packaging;
- Nutrition, Physical Activity and Sport;
- Infant, Child, and Adolescent Nutrition;
- Nutrition and Immune-regulation;
- Nutrition and Reproduction;
- Food Environment and NCDs;
- Food Microbiology and Safety

The NAJFNR is published online with an option for open access. All articles will be promptly peer-reviewed by leading experts. We expect NAJFNR to attract manuscripts of the highest quality in order to be of the greatest possible benefit to its readers.

In this journal, we offer an opportunity for scientists across various disciplines in human nutrition and metabolism to share their knowledge and expertise to a wider range of audience. All articles will be accessible without any access boundaries to all internet users worldwide. The journal will certainly be competing head-on with a number of existing subscription based journals but clearly there is a niche for this new journal.

The *NAJFNR* is following the International Committee of Medical Journal Editors (ICJME) recommendations <http://www.icmje.org/journals-following-the-icmje-recommendations/#N> and is under the Creative Commons Attribution 4.0 International license (CC BY 4.0).

Pr. Khaled M.B.

Editor-in-Chief and Founder

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