

The most important factors causing marital problems among newly married youth An analytical field study

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Received date 15/ 10/2022

Acceptance date 13/11/2022

Abstract:

Youth is a power and energy in building nations and developing peoples and constitutes one of the most sensitive segments of society. Despite the multiplicity and diversity of youth problems, there are problems that have not received important luck from the study despite its importance, including the problem of marital compatibility among married youth.

This is why our study came to shed light on this problem in young people newly married, and search for the reasons leading to it, and give a clear picture of the most important factors causing marital problems in this category, which helps to propose solutions.

The study used a descriptive method, and the data collected through a scale designed by the researchers and distributed to a sample of young newly married people from different states. The results are: The level of conflicts were between the average and high, and despite the recentness of marriage, 15 percent reached divorce. There was a discrepancy between males and females with the emergence of parents intrusion and communication sites, different environments and weak religiosity. As for the economic side, women's work had an important field; the lack of sponsorship and spending, the issue of housing. while the psychological aspects emerged more than sexual and health issues. Most of the respondents indicated that jealousy, nervousness, and the absence of dialogue and acceptance were the most prominent causative factors.

Keywords: Youth; Marriage; Marital problems.

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Introduction:

The continent of Africa is one of the continents that include a large percentage of young people, as it includes the top ten countries that recorded the highest percentage of young people in the world (developing countries), where the youth category represents the most sensitive segment in society because it is the group most oriented to the future and most exposed to obstacles and challenges in these. This stage is especially in light of the social transformations that we see today, which raise a valid question about the fate of this marginalized group, This actually requires a self-contained science in which various disciplines overlap, such as psychology, humanities and social sciences, economics, religion, culture, politics, media, and globalization....etc. This diversity of sciences that interest in youth issues confirms the abundance and diversity of problems from unemployment to addiction, alienation within the homeland, psychological problems, moral perversion due to the spread of pornographic channels, absence of religious impediment, delayed marriage age, poverty, illegal immigration. etc., all these problems overlap with each other so that some of them lead to other problems, which makes us stop at them because the situation has become difficult, especially in light of these technological developments that we are witnessing today, which have made man open to the world and knowing what is going on in it and how life has become in the developed countries, this increased the lack of sense of belonging to this nation, which deprived this category of the minimum requirements of life and prompted it to think about another life overseas, hoping to live a decent life that saves face and the terrifying thing is thinking is no longer limited to those who were not fortunate enough to be educated, but even the elite of society and those with university degrees, which led to a brain drain.

The negative impact of all these situations in which young people live does not stop when they are resolved. However, it is later reflected on the rest of his life, because of the effects on his psyche. For example, the problem of marriage, which has become a dream for young people due to the lack of life requirements, the high cost of dowry and living and the lack of work positions. Even whoever struggled with life and defied circumstances and succeeded in building a family, his problems will not end here but will continue beyond marriage, rather they are exacerbated by several factors that contribute to the failure of this marriage, such as psychological, health, economic, material, social, cultural, political factors. Therefore, the problems of young people are not isolated from each other, rather we must holistically look at them to analyze and treat them, and there must also be concerted efforts from psychologists to officials in the state to the family.

1-Research statement:

Based on the previous background, our study came to shed light on one of the most important problems among young people, which is marriage in Algeria and the problems it faces, especially among newlyweds, as it is the category that witnesses large cases of divorce according to the statistics. If we look previously, we found that such problems did not exist in this frightening number, which prompts us to search for the reasons leading to this. Are the social transformations that we live in in this era the reason? Or are there other reasons not notable to us? This is to identifying the most important variables contributing to marital disputes among young people. The impact of other problems in marital life, to propose appropriate solutions, and give a clear picture of the most important factors causing marital problems, which helps those interested in the field of marital counseling to suggest preventive and therapeutic programs among young married or about to marry.

The problem of this study is formulated in the **following main question:**

-What are the most important factors that cause marital problems among newly married?

A number of the following sub-questions emerge from this main question:

- What is the level of marital problems among newly married young people?

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- What are the level and most important socio-cultural factors that cause marital problems among newly married youth according to both genders?
 - What are the level and most important material economic factors that cause marital problems among newly married young people according to both genders?
 - What are the level and most important psychological health factors that cause marital problems among newly married young people according to gender?

2-Study objectives:

The current study aims to achieve the following objectives:

- Identifying the most important socio-cultural factors that contribute to the occurrence of marital problems among newly married young people.
- Identifying the most important material economic factors that cause marital problems among newly married young people.
- Identifying the most important psychological health factors that cause marital problems among newly married young people.
- Identifying the differences in gender in the percentage of each factor contributing to the marital problems among newly married young people.

3-The importance of the study:

The importance of this study is that it sheds light on one of the most important problems facing newly married youth by identifying the most important theoretical frameworks for the academic enrichment. In addition to the practical importance of being an analytical field study of the most important variables and factors causing marital problems with newly married young people, this is with the aim of diagnosing the phenomenon and finding solutions that help this group overcome these marital problems they are experiencing.

4-The concepts used in the study:

Youth: It is the stage of maturity and the emergence of talents and latent energies through increasing self-confidence and increasing the impulsion of biological tendencies and emotional manifestations towards the level of reasonableness and balance, where the individual continues based on the level of maturity he has reached, and success depends on this maturity, which makes Many young people fail to face the challenges they face, especially the psychological, material, and social challenges. This is what makes overcoming these challenges linked to the psychological and social experiences and gains that young people have gained and experienced (Abassi, 2015, pp. 13, 105).

Procedurally: There have been many and varied studies on the issue of youth and the determination of the age within which this category falls, which made diversity and differences in the concept of youth. Theoretical heritage We define the youth according to this study as The age group is between 18 to 37 years, and it is a transitional stage in several aspects of the personality of the young man, as he moves from the stage of adolescence to a more mature stage, and the growth of the individual increases in several aspects, whether in terms of physical or mental, psychological, or social development.

Marriage: a legal bond between a woman and a man, in which the human race is preserved, by accepting the two parties through signing the contract that proves the validity of the marriage. Marriage is based on giving and taking and joint decisions between the spouses over the years of life (Aoun, 2014, p. 19).

Procedurally: it is an emotional and sexual relationship and a partnership of coexistence between a man and a woman recognized in legal, religious, and social terms, and it is a link between different sexes to form a family governed by specific laws, with the expectation that this link will continue.

Newly married: They are married people who form modern families that include a husband and wife and children or without children, and represent the first four years of

marriage, according to a valid marriage contract issued by the Sharia courts (Awawda, 2019, p. 12).

Procedurally: newly married young people are defined for the study as newly married people, who have not been married for more than four years, and whose ages range from 18 to 37 years old.

Marital problems: a difference in the thoughts, attitudes, and feelings of the spouses about a matter, resulting in unwanted reactions that show and clarify differences, then turn them into alienation and discord and increase unwanted reactions, marital interaction is disrupted, and compatibility worsens And the marital relationship weakens (Saadat, Dr. T., p. 17).

Procedurally: It is the difference of the spouses in their thoughts about something, the inability to reach a compromise between them, or the failure to act appropriately for the discussion, which results in negative reactions that affect the relationship between them, which leads to poor marital compatibility and instability in marital life.

5- Previous studies:

The following is a presentation of some previous studies related to the subject of the study:

- **Shaima Youssef Mersal's study (2015):** tagged: psychological and social problems and their relationship to the self-concept of newly married couples, which tried to study the differences between the degrees of newly married men and women in the scale of self-concept and its sub-dimensions, as well as finding the correlation between psychological problems The self-concept of newly married couples, and the extent to which psychological and social problems can be predicted through self-concept

The descriptive approach was used, and the study sample consisted of 106 male and female teachers from secondary schools, newly married, on whom were applied a scale of psychological and social problems prepared by the researcher, and a Tennessee scale of self-concept prepared by William Weiss and translated by Safwat Faraj, Suhair Kamel (1998).

The results revealed that there are no differences between newly married men and women in the self-concept scale and its dimensions and that there is a negative, statistically significant correlation between psychosocial problems and the total score on the newly married self-concept scale.

- **Judges' Study (2016):** tagged: The relationship between marital skills and marital compatibility among newly married women in the city of Amman. It aimed to investigate the relationship between marital skills and marital compatibility among newly married couples. The study sample consisted of 173 married women who were chosen by the available sample method. The results showed that the level of marriage skills was high on the overall scale and its sub-dimensions: emotional expression skill, communication skill, and problem-solving skill, respectively, while cognitive reconstruction was average. The results also showed differences in marital skills depending on the age variable. The differences were in favor of married women in the age group (20-30), while there were no differences in marital skills according to the variables, the wife's educational qualification, and the wife's work as a "non-working worker". The results concluded that there is a positive direct correlation between the possession of marital skills for newly married women. and their marital compatibility.

- **Nidaa Abdul Rahman Al-Awawda's study (2019):** tagged: marriage skills and their relationship to marital satisfaction among newly married women in Ramallah Al-Bireh Governorate, the study aimed to know the relationship between marital skills, marital satisfaction, and learning to the level of both marital skills and marital consent of married women who are newly married and knowing the differences according to the variables of work, age, and educational level, the study relied on the descriptive correlative approach, and

the study sample consisted of 370 newly married women who were selected by the stratified random sampling method, the marital skills scale was applied to them, in addition to the marital satisfaction scale used in the conflict study (2012).

The results of the study concluded that there were no differences on the marital skills scale according to the work variable, while there were differences according to the age variable, in favor of the higher age level and favor of the higher educational level, and the results indicated that there were no differences on the marital satisfaction scale according to the work variable, while Differences according to the age variable in favor of the higher age level, and the educational level in favor of the higher educational level.

Comment on previous studies: Through the studies that were presented, we note that they dealt with the same sample as the current study, which is the category of newly married couples and the problems they face, and the most important factors and variables that cause this, as most studies focused on social and psychological factors, as well as some other contributing variables In creating these problems, and we see that most of these studies relied on the descriptive-analytical or correlative approach, and the current study is distinguished from previous studies in that it sheds light on many factors contributing to marital problems, whether economic, political, social, psychological, cultural, religious.. etc.

6- Theoretical background:

Some factors causing marital problems: There are many factors contributing to the creation of marital problems between spouses, and they can be divided into two parts: factors before marriage and later affect marriage and factors during the marriage stage, and they can be summarized in three main axes: socio-cultural factors, material economic factors, mental health factors, which are as follows:

A/ Socio-cultural factors: they mean the methods imposed by society through the systems and laws that prevail in it, which hinder the individual in achieving his needs, which motivates him to follow certain ways to satisfy his desires through these methods, and they are many, the first of which is childhood experiences, as **Ibrahimi (2015)** study sees that What the spouses experienced in their childhood affects their marital compatibility, for example, the method of treatment and the extent to which they are subjected to reward, punishment, and happiness that they experienced, or vice versa, which later reflect on their marital life. The non-compatible husbands were unstable, and **Aoun's study (2014)** explained that the family background is also a role in marital compatibility, so young people often draw their expectations for marriage to their parents.

We also find from the social factors the age factor, whether the age at marriage, or the age difference between spouses, according to the study of **the Doha International Family Institute (DIFI, 2019)** that the age at marriage plays a role in the success or failure of the marital relationship; **Hawali (2019)** believes that marital compatibility does not depend on the age factor only, but even on the length of the marriage. The longer the marriage, the less severe the differences. This does not mean that every relationship is still ongoing, as it is stable, but other factors may interfere and force them to continue in this marriage. Like having children.

We also find that one of the most important factors causing marital problems is the interference of others, whether family, relatives, or friends. **Al-Haddad's (2020)** study confirms through its findings that the interference of parents in marital life is one of the most common causes of early divorce, the more others interfere with the spouses, especially newlyweds. Marriage the higher the incidence of divorce, and here we find, for example, the absence of one of the spouses, whether it was a forced or voluntary absence, which leads to a mixing of roles. **Al-Balushi (2015)** points out that the forced absence of the husband comes within the framework of not taking responsibility for the family, for example, if he works in a

faraway or a lot Travelling is what makes the woman bear the responsibility of the house and the children alone, or, for example, in the case of the husband's imprisonment, which motivates her to play a dual role of father and mother at the same time. Among the cultural factors that contribute to creating problems between spouses, we find many problems. By cultural factors, we mean the individual differences between spouses in terms of customs, traditions, educational level, religion ... etc. **Mersal (2015)** points out that one of the causes of poor marital compatibility is different environments, as well as a Lack of understanding of the Islamic religion and lack of compliance with its orders, if each partner in married life understood his role toward the other partner from religious grounds, the quarrels between them would have decreased.

b/ Economic and material factors: Financial matters are among the important factors in achieving family stability. Lack of money is a barrier to achieving the family's needs. The more the family's demands are within the limits of its income, the more stability there is, and vice versa. We find here many factors such as unemployment and the lack of a private home. The spouses are forced to live with the parents, and this alone is the reason for the occurrence of disputes, as confirmed by some studies (**Al-Hawari, 2019, p. 34**).

Hence, several problems arise, such as women going out for work as one of the factors affecting marital compatibility, as women face many difficulties in reconciling family life and career life.

C/psychological healthy factors: They are represented in the psychological aspect of each of the spouses, which later affects the marital life, such as the partner's selfishness, excessive jealousy, doubt and moodiness, the absence of dialogue and discussion, and the lack of an appropriate method for solving neurological problems, the partner's personality, the sexual aspect, communication, and some diseases, Infertility..etc

The marital relationship is affected by the personality of both the husband and the wife, as well as by the degree of their emotional difference in the face of the situations and events that pass them by (**Nougi, 2014, p. 132**).

According to **Bin Ghadhafa, and Al-Qass (2018)** Good communication is an essential factor in a successful marriage because it is the main engine and tool for managing marital relations, and the communication process is successful when each party seeks to know many things about the other party's desires, tendencies, and needs.

The illness is considered one of the causes of marital problems, such as the presence of some infectious diseases, or sexual diseases, which make it impossible to continue life and cause many problems.

7-The practical side:

7.1 Study Method:

This study relied on the descriptive-analytical method to describe and analyze the most critical variables that cause marital problems among newly married youth.

7.2. Limitations of the study:

The current study is determined by the following limits:

-Spatial limits: the questionnaire was distributed electronically to a sample of newly married young people from different states of the country, represented by 27 states.

-Time limits: The study was conducted during the month of January 2022.

-Human limits: the study sample consisted of 44 young men and women newly married.

7.3. The study population and its sample:

The original population of the study was represented by newly married youth. An occasional sample was selected through the electronic questionnaire prepared for this purpose. The total number reached 44 respondents according to the conditions that were set (age and number of years of marriage), and the characteristics of the sample are presented in the following tables:

gender			Education level of your husband/wife			To the house, you live in now		
	Repetition	The ratio		Repetition	The ratio		Repetition	The ratio
Male	14	31,8	primary	2	4,5	Property	30	68.2
female	30	68.2	middle	6	13,6	tenant	14	31,8
			secondary	9	20,5	Total	44	100,0
			university	27	61.4			

how old are you now				Your age at marriage			
Male		female		male		female	
mean	30,14	mean	29,03	mean	27,68	mean	26,60
Median	29,00	Median	28,00	Median	27,00	Median	26,00
lowest degree	24	lowest degree	24	lowest degree	19	lowest degree	22
highest degree	37	highest score	37	highest degree	34	highest degree	34

4.7. Study tools:

The scale consists of 44 items and an open question to support the answers. These items are divided into three dimensions,

- socio-cultural factors includes items 1 to 14,
- material economic factors includes items 15 to 21.
- psychological health factors includes items 22 to 44.

The alternatives are: Weak degree = 1, Medium degree = 2, great degree = 3.

Dimensions Judging Criteria: Three levels are defined: High, Medium, Low Degree

The questionnaire as a whole: If the degree of newly married young people on the questionnaire ranged from 44-73, the degree of their marital problems is weak, from 74-102 the degree of problems is medium, from 103-132 the degree of problems is high.

The psychometric conditions for the questionnaire were calculated from the validity of the arbitrators, and the correlation validity (internal consistency), where most of the items were significant and the values ranged between (0,25–0.74) . And discriminatory honesty, where the importance of T was also significant of all items.

As for the stability, we used Cronbach's alpha coefficient. It was equal to 0.85, which is high, and the stability coefficient by the split-half, which was also high and equal to 0.77, which indicates the stability.

7.5 Statistical Methods :

According to the hypotheses put forward, we have used descriptive statistics with its advantages from ratios to measures of tendency and dispersion. We also used to calculate the conditions psychometric we use the correlation and the t-test.

8. Study Results:

The first question: What is the level of problems among newly married young people?

To answer this question, we used descriptive statistics and then the percentages of responses, which are presented as follows:

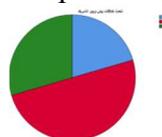
A- General descriptive statistics:

n	mean	Median	standard deviation
44	67,13	63,00	16,59

Through the value of the mean and the median and by returning to the domains of government, we find that the value of the mean belongs to the median domain,

B- Frequency and percentage of occurrence of disputes:

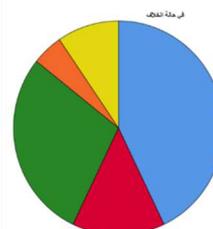
	Repetition	The ratio
Always	9	20,5
sometimes	22	50,0
Rarly	13	29,5
Total	44	100,0



Where it appears from the table and the figure that more than 50 percent of the sample members have marital disputes

C - The severity of marital disputes

	Repetition	The ratio
We have come to leave the marital home	9	20,5
We have come to violence	3	6,8
We got divorced	6	13,6
We have reached the point of violence and leaving the marital home	1	2,3
We have reached violence, divorce and leaving the marital home	2	4,5



Where it appears through proportions, repetitions and shape that there is a discrepancy in the severity of problems and disputes, reaching levels of divorce and leaving the marital home, while violence was an incomplete feature in dealing with these problems.

Second question: What is the vital level of Socio-cultural factors that cause marital problems among newly married youth according to gender?

male		female	
items	mean	items	mean
Social media has led to many problems with my partner	1,86	Parents' interference in my marital life exacerbated the differences between my partner and me	1,73
I see that the increased preoccupations are the cause of my problems with my partner	1,71	Lack of cooperation in marital tasks is an important factor in my marital disputes	1,70

The difference in environment between my partner and me is the reason for my marital problems	1,57	The difference in environment between my partner and me is the reason for my marital problems	1,60
Being away from religion is causing my marital problems	1,50	Being away from religion is causing my marital problems	1,53
What I lived through in my childhood negatively affected my married life	1,43	My problems with the partner were more in the beginning of our marriage	1,50
Lack of cooperation in marital tasks is an essential factor in my marital disputes	1,43	I see that the increased preoccupations are the cause of my problems with my partner	1,47
I think my previous family circumstances caused me disagreements in my marriage	1,43	The difference in educational level between me and the partner is the reason for our differences	1,43
My lack of prior knowledge of the partner contributed to the differences between us	1,43	What I lived through in my childhood negatively affected my married life	1,33
I see that the age difference between me and the partner is the reason for our differences	1,36	I see that the age difference between me and the partner is the reason for our differences	1,30
I think the age of marriage contributed to my marital disputes	1,36	The frequent absence of my husband/wife caused many disagreements between us	1,27
My problems with the partner were more in the beginning of our marriage	1,29	I think my previous family circumstances caused me disagreements in my marriage	1,27
The frequent absence of my husband/wife caused many disagreements between us	1,21	I think the age of marriage contributed to my marital disputes	1,27
Parents' interference in my marital life exacerbated the differences between me and my partner	1,21	My lack of prior knowledge of the partner contributed to the differences between us	1,27
The difference in educational level between me and the partner is the reason for our differences	1,14	Social media has led to many problems with my partner	1,27

We note through the table that there is a discrepancy between the sexes in arranging the prominent problems involved in the occurrence of poor marital compatibility. From a quick reading of the table, we find that male spouses see that the main causes of marital problems are communication sites, excessive preoccupation, weak religiosity, and different environments were in the first prominent category, while the least prominent was the frequent absence. The least noticeable, were the frequent absence, the interference of parents, and the effect of the educational level. As for the rest of the items, they were in the middle category. In terms of the items involving parents and non-cooperation, in addition to the difference in environments, the most important items, while the sites of communication and the opposite of men occupied the last place in the causes and before that the prior knowledge of the partner and the age of marriage.

This can be done with a different view of the issues that cause disagreements. Social media constitute some of the reasons because it violates privacy and develops feelings of

jealousy, especially for men. Women focus on the social aspect of parental intervention, especially since most of the disputes relate to this aspect and the desire for individuality and freedom with men's desire for social coexistence. Some factors were close in effect.

The third question: What is an important level of the material economic factors that cause marital problems among newly married young people according to gender?

male		female	
items	mean	items	Mean
In your opinion, does women's work contribute to marital disputes?	2,14	Insufficient income led to problems in my marital life	1,90
I see that the inadequacy of the housing led to problems in my marriage	1,93	I see that the inadequacy of the housing led to problems in my marriage	1,80
Insufficient income led to problems in my marital life	1,86	In your opinion, does women's work contribute to marital disputes?	1,70
Living With family The reason for my disagreement with my partner	1,64	The partner's failure to spend is the cause of my marital problems	1,67
Exaggerating the partner's expenses caused me problems with the partner	1,57	I think that my current financial situation contributed to the differences with the partner	1,60
I think that my current financial situation contributed to the differences with the partner	1,50	Living With family The reason for my disagreement with my partner	1,53
The partner's failure to spend is the cause of my marital problems	1,29	Exaggerating the partner's expenses caused me problems with the partner	1,47

Through the table, several factors and reasons for marital problems emerge from the economic point of view, as the following appears to us:

Women's work for men is a cause of many problems, which shows an explicit lack of acceptance of women's work. On the other hand, the woman believes that the main problem was insufficient income, and perhaps this is the reason for her leaving to work. At the same time, both sexes see the inadequacy of housing as one of the most important reasons. It is really an important factor in the stability of married life, especially since most of the young people are renting housing.

The results showed that men do not see that underspending leads to disputes, considering spending as a men's responsibility. In contrast, women see that exaggeration in expenses is the least of the reasons.

The fourth question: what is an important level of psychological health factors that cause marital problems among newly married young people according to gender?

male		Female	
items	mean	items	mean
The absence of dialogue and discussion between me and the partner increased our problems	1,79	Nervousness is the cause of disagreements between me and my partner	2,03
My way of solving problems caused my disagreements with my partner	1,79	The rejection of my thoughts and opinion by the partner increased the differences between us	2,00
Nervousness is the cause of disagreements between me and my partner	1,71	The partner's personality is the cause of our marital problems	1,77
I think that the excessive jealousy between me and the partner caused our problems	1,71	My way of solving problems caused my disagreements with my partner	1,67
Not feeling the partner's affection led to disagreements between us	1,64	The absence of dialogue and discussion between me and the partner increased our problems	1,67
The rejection of my thoughts and opinion by the partner increased the differences between us	1,64	The partner's belittling me is the reason for our marital disputes	1,67
The partner's selfishness aggravated our differences	1,57	The partner's selfishness aggravated our differences	1,63
The partner's constant complaint is the cause of our problems	1,57	My mood is the reason for my marital misery	1,63
The partner's personality is the cause of our marital problems	1,50	I think that the excessive jealousy between me and the partner caused our problems	1,63
The absence of feelings of love between me and the partner contributed to the differences	1,50	Not feeling the partner's affection led to disagreements between us	1,63
The partner's belittling me is the reason for our marital disputes	1,50	The partner's constant complaint is the cause of our problems	1,60
My attachment to my family contributed to my problems with my partner	1,50	The partner's disrespect for me is the reason for our marital problems	1,57
The neglect of my partner is the cause of the problems between us	1,43	The neglect of my partner is the cause of the problems between us	1,53
The lack of trust between me and the partner is the reason for our marital disputes	1,43	The partner's lack of interest in appearance is the reason for my disagreement with him	1,50
The lack of satiation of sexual desires between me and the partner is the cause of our problems	1,43	My inability to express my feelings to the partner contributed to the problems between us	1,47
The partner's lack of interest in appearance is the reason for my disagreement with him	1,43	I think the disease caused a conflict between me and my partner	1,47
The partner's disrespect for me is the reason for our marital problems	1,43	The lack of trust between me and the partner is the reason for our marital disputes	1,43
The sexual relationship between me and the partner contributed to the problems between us	1,43	The sexual relationship between me and the partner contributed to the problems between us	1,43

My inability to express my feelings to the partner contributed to the problems between us	1,43	The absence of feelings of love between me and the partner contributed to the differences	1,43
My mood is the reason for my marital misery	1,43	The deterioration of my/or partner's health factor has affected our marital harmony	1,40
My husband/wife's addiction to harmful substances causes our problems	1,14	The lack of satiation of sexual desires between me and the partner is the cause of our problemsa	1,40
The deterioration of my/or partner's health factor has affected our marital harmony	1,00	My attachment to my family contributed to my problems with my partner	1,37
I think the disease caused a conflict between me and my partner	1,00	My husband/wife's addiction to harmful substances causes our problems	1,20

Health and psychological factors are among the most important factors causing marital disputes among young people. Through the responses listed in this section, we find the following:

Psychological factors were the most prominent, as the absence of dialogue, jealousy, lack of interest, and lack of acceptance of the other were all factors that came to the fore, while the emotional aspect, despite its importance, was in the middle degree causing differences.

As for the sexual response, it was the average effect according to the sample members, and the health factor was almost at the bottom of the order; it can be said that the health factor is not strongly suggested due to the age characteristics of the sample, Moodism and nervousness emerged as one of the factors that cause marital problems as well.

Conclusion :

Through this study, we reached a set of results, including:

The level of differences was between average and high, and despite the recentness of marriage, 15 percent reached divorce. As for the analysis of the various social, economic and psychological factors, it sorted out a set of causes and factors that we summarize in the following, On the social side, there was a contrast with the emergence of the interference of parents and communication sites, the difference in environments and the lack of religiosity. As for the economic side, women's work had a significant share, in addition to the lack of sponsorship and spending, as well as the issue of housing and what is related to it, while the psychological aspects emerged more than sexual and health. Most of the respondents indicated that Jealousy, nervousness, lack of dialogue, and acceptance were the most prominent causative factors. But what can be reached is that the causes and factors are multiple and overlapping, forming a pattern of overlapping neural networks. The best explanation for this phenomenon is the interpretation based on structural modeling. It is possible to come up with several proposals, including the necessity of family counseling and that it has become mandatory before marriage and at the beginning of marital problems.

Also, the presence of specialists and centers that help both parties during marital disputes has become a necessity to avoid reaching the destruction of the marriage relationship.

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