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**The attitude of female students at the Normal High School towards teaching physical education in the primary education stage
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Abstract:

This study aimed to identify the attitudes of female students at the Normal High School towards teaching physical education and sports. To study this important topic, we resorted to the methodological steps that any researcher uses to obtain the desired result. Thus, we relied on the descriptive approach after dividing our research into two aspects, theoretical and applied. We spoke in The first is about the terms that we discussed in our research, and on the applied side we analyzed the results of the scale, through which we obtained the following results:

- The current study revealed that the female students of the Higher School of Teachers in Bou Saada - Department of Arabic Language - represented in the study sample, have positive attitudes towards teaching the subject of physical education and sports and towards the professor of the subject of physical education and sports on the overall score of the scale.

Keywords: trends, female students, teaching, physical education and sports, Primary education

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1-Introduction

physical and sports education is a complex process subject to many physical technical health psychosocial etc the components of the educational profession and through its unity and interrelationship give the teacher or teacher a specific direction and print his work in the way of the educator the professional choice has a specialized functional role that requires a correlation between the nature of the role and its requirements of appropriate specialized abilities and competencies.

The problem that we are studying depends on the orientation of the students of the Higher School of Professors - in Arabic - towards the teaching of physical and sports education. The study of trends towards different educational subjects is important to many educational planning and development circles, which contribute to building more realistic goals and take into account the nature of the attitudes and views of the actors concerned. (Students of the Higher School of Professors specializing in Arabic) applying the curriculum, including physical and sports education.

According to Al-Hamami, "It is well known that learning is a comprehensive process that not only acquires knowledge and information but also aims to change individuals' cognitive, motor and emotional behaviour" (*Al-Hamahami, 1989, p. 10*).

The development of the various sciences of our time, especially in the field of education, has revealed the importance of education, physical and sports as an academic subject whose educational and educational objectives are taught at all educational levels. This is why the guardians of education have adopted it as a compulsory subject in accordance with the decrees of the Physical and Sports Education Act of 1976 under the supervision of specialized professors who studied in specialized national institutes.

Physical and sports education has an important place in the educational system, which cannot be surpassed or dispensed with, especially in childhood, by ensuring the upbringing, development and refinement of all the physical, psychological, intellectual and social compounds established for the pupil himself. The health represented by the development of implementation factors (persistence, resistance, speed, flexibility, strength and accuracy) not only gives the active pupil the necessary flexibility, but also enters and contributes significantly to the development, development and improvement of the skill aspect in all its dimensions (control, perception, balance, structuring, responses....), as well as to the formation and development of the future personality of the pupil in both its subjective and



social aspects. This will be achieved only if there are positive trends towards physical and sports education in one of the key elements of the education process, the teacher, who is an important medium in achieving its objectives.

Although there are courses on physical and sports education in the annual programme and there are accredited curricula for all levels of education, the general view of physical and sports education has not risen to the required level, as there is a marked lack of interest among some professors, educators and university students who will go to the teaching profession after graduation.

When we conducted an exploratory study at the level of female students of the Higher School of Professors in Bousada, specializing in Arabic, we first noticed a conflict of opinion between what is written in the physical and sports education curriculum and what is on the ground. How can we commit a professor to implementing the curriculum programme before we know its trends towards this subject, although it is compulsory, but it is not applied realistically in the field despite the sensitivity and importance of the subject, especially at this stage of age? From the above, the study attempted to answer the following questions:

What is the tendency of the students of the Higher School of Professors in Bousada to teach physical and sports education?

The sub-questions were as follows:

What is the orientation of the students of the Higher School of Professors in Bousada, specializing in Arabic, physical education and sports?

What is the orientation of the students of the Higher School of Professors in Bousada, specializing in Arabic, towards a professor of physical education and sports?

2. Research objectives:

- Attempt to determine the quality of the negative or positive attitude of female students of the Higher School of Professors, specializing in Arabic, towards the teaching of physical and sports education;

An attempt is made to familiarize the students with their orientations and to inform them of the study of physical education, as well as the curriculum written for this subject.

- To learn about the quality of training at the Higher School of Teachers and the extent to which its officials are interested in training teachers in all subjects, in particular physical and sports education.

3. Hypotheses:

1.3 General Hypothesis:

Based on the general question of the study, the general hypothesis of our research is as follows:

* There is a positive trend among the students of the Higher School of Professors in Bousada, specializing in Arabic, towards the teaching of physical and sports education.

2.3 Partial Hypotheses:

The sub-hypotheses were as follows:

1- There is a positive trend for students of the Higher School of Teachers in Bou Saada, specializing in Arabic language, towards physical education and sports.

2- There is a positive trend for students of the Higher School of Teachers in Bou Saada, specializing in Arabic language, towards the professor of physical education and sports.

4. The importance of research and the reasons for choosing a topic:

The importance of studying the subject of the attitudes of students of the Higher School of Teachers specialization - Arabic language - towards teaching physical education and sports of the importance of the distinctive and important position occupied by physical education and sports in the educational system as a whole and in the primary stage in particular, the importance of research here lies in knowing the future of physical education as a profession and as an important subject at this stage, in addition to diagnosing the view that university and higher school students see specifically physical education as well as their future plans and the extent of their adaptation In teaching physical education and sports, from this point of view, we seek in this research to highlight the effective role of this article, as well as the great importance of it, using the use of living examples from Western schools, for example, which pay great attention to this article and frame for that professors and educators and ensure their good training in order to promote this material, which is the basic material for the rest of the subjects.

Among the reasons for our choice of topic were the following:

- Since we are students of the specialization of physical activity, sports education, we must delve into the study of the educational environment, and highlight some important issues, including this sensitive topic, which has recently become of great importance and awareness has become greater towards it, and this is what we have



seen in recent years of protests in order to assign physical education and sports in the primary stage to the people of the specialization, which was crowned with success in the end.

- The lack of studies in physical education and sports institutes at the national level that have taken care of this subject.
- Revealing the reality of physical education and sports in the primary stage, because this stage constitutes the basic basis in building the personality of learners from the psychological, social, educational and educational aspects.
- Predicting solutions that may increase the value and importance of physical and sports material in the primary stage based on a purely scientific study.

5. Basic terms for research:

Scientists confirm that trends offer huge potential for success in life as well as the potential for failure as well, and psychological and social trends are one of the most important outcomes of the process of upbringing and social normalization, and determinants directed control and organization of general social behavior, where the individual becomes effective when carried by his trends, begins, continues and completes a project that achieves him pleasure or engages in an activity that achieves satisfaction and satisfaction, and then the amount of effort and time spent in practicing the activity is commensurate with the strength of the trend and its growth and the individual's social value towards others and activities that Practiced. Skinner adds that trends do not grow by giving and taking between the individual and what surrounds him in the environment only, but when they form, they also affect in a noticeable way his future, in other words because trends act as causes and outcomes of behavior as well, so trends may have a strong impact on the individual because they are personal and are associated with the feeling related to the individual's experiences.

1.5 Definition of direction:

A- Direction Language: Destination: The qiblah and its likeness in every destination, that is, in every face I received and took in it.

And I went to you, I turn to you, any direction I got, because the origin of the Taa in them is Waw and he went to him: he went. Ibn Berri said: Abu Zayd said that the man is heading towards (perspective, no date)

B - trend idiomatically: Thinkers in the field agree on the importance of studying psychological trends, and their important role in various social fields, and

psychologists and researchers agree that the development of any society requires a deep study of the laws and theories of social development on the one hand, and the study of the conditions prevailing in that society, so the study of psychological trends in developed societies has received many studies as a result of the establishment of social reform policies on the basis close to scientific research to ensure the safety and effectiveness of these policies in terms of planning and results. The following is a set of definitions that highlight the concept of direction says "Kellenberg" in the definition of direction: "It is the sum of what an individual feels towards a particular subject feeling positive or negative and includes the individual's idea of the subject and his concept of it and beliefs and emotions and hopes and aspirations and fears and opinions related to this subject .." (Issawi, 1974, p. 195).

Duban defines a trend as "an implicit response that is expected and leads to overt behavioral models that can be triggered by many of the characteristics resulting from prior learning, the ability to assemble, or to discriminate that it considers in the society in which the individual lives" (El-Sayed, 1985, p. 95).

Michel defines a trend: "It is the tendency to feel, behave, or think in a specific way about other people, subjects, organizations, or things of a simple nature, and the trend consists of three elements: feeling, behavior, and thinking" (El-Sayed, 1985, p. 95).

Both Katz and Soltand define trend as ": an individual's tendency or prior willingness to evaluate a subject, or symbolize that subject in a particular way." (Jalal, 1989, p. 151)

C- Procedural direction: It is a concept that expresses the outcome of the individual's responses towards a controversial topic of a social nature, in terms of the individual's support or opposition to this topic.

2.5 Student Definition:

A- Student Language: Request: Trying to find the thing and take it, and students: what you had at another of the right to demand it, a student man from the people of the request, students and students of the latter a name for the plural, and a student from the people of the request.

Student idiomatically: It is every person who belongs to a specific educational place such as a university, school, center, institute, or college, and this affiliation is in order to obtain.



From a traditional scientific perspective, the concept of students is a group or segment of intellectuals in society in general, with hundreds and thousands of young people based in educational institutions.

Abdullah Mohammed Abdulrahman defines students as the inputs and outputs of the university educational process.

University students are university students, a group or segment of young intellectuals concentrated in educational institutions.

3.5 Physical Education and Sports:

1.3.5 Education:

A- Education is a language: Returning to language dictionaries, we find that the word education in language has three linguistic origins:

The first: usury, rabo, raised in the sense of increasing and growing, and raised him: his growth The Almighty said: "And raises alms."

Second: Rabbi Yarb in the sense of growing up, the Messenger of Allah (peace and blessings of Allaah be upon him) said: You have a blessing that you raise, i.e. you take care of it.

Third: Lord, Breed, in the sense of reforming him, taking over his affairs, and his politics and building on him.

B- Education idiomatically: It means that it is the conscious, intentional and unintentional process, to bring about continuous growth, change and adaptation of the individual, in all its physical, mental, and emotional aspects.

C- Education procedurally: It is the process of building the personality of individuals comprehensively so that they can deal with everything that surrounds them, or adapt and adapt to the environment in which they live - and education is for the individual and society.

2.3.5 Sports:

A- Sports Language: - Satisfied, tamed, athletic and sport, raed, tamed.

- Perform movements that give the body strength and flexibility. -Sourced from satisfied and physical exercise.

B- Sports idiomatically: The fact that the English word sport goes back to the old French word de sport and its meaning of application, and in fact the word means relaxation and entertainment, but it means in particular physical exercise and in this last sense used from the 16th century AD.

Sport is therefore a set of systematic physical exercises in order to form the individual physically and mentally.

C- Sports procedurally: Sports can be defined as a set of physical and sports movements and exercises performed by the learner (student) inside or outside the educational institution in order to develop his mental abilities and physical qualities, improve motor skills, entertainment and leisure and fill leisure time.

3.3.5 Physical Education and Sports:

A- Idiomatically: It is part of general education that is carried out through the activity used by the locomotor system of the human body, which results in the individual acquiring some behavioral trends.

B- Procedurally: We mean physical education and sports in our research as a means to achieve educational purposes aimed at raising motor behaviors and improving social relations within educational institutions and is within the standards of society itself (Bayezid, Bodissa, and Zawi, 2018, page 229)

4.5 Definition of teaching:

A- Teaching Language: A lesson is taught, taught, he is a teacher, and the effect is a teacher:

He studied the book and so on, he taught it, read it and understood it to students and the like: - He studied mathematics / engineering (Omar, 2008, page 738)

B- Teaching idiomatically: It is a system of planned work intended to lead to the learning and growth of students in their various aspects and this system includes a set of targeted activities carried out by both the teacher and the learner and this system includes three basic elements: the teacher, the learner and the curriculum (Rashid, 2005, p. 14).

A- Procedural teaching: It is a process aimed at transferring experiences between the teacher and his students, and it is a purposeful organized process, that is, it is a system consisting of a set of elements that interact with each other to achieve specific goals, and these elements are: - Teaching inputs (teacher, curriculum, learner) - The teaching process (strategies, methods, teaching methods) - Teaching outputs (goals achieved, and experiences gained by students).

6. Previous and similar studies:

There are many studies that touched on trends towards different topics, including educational topics, physical education and sports in particular in many Arab and Western countries, and in our Algerian institutes and universities as well, and many researchers have studied trends towards physical education, sports and physical activity sports for different categories of the educational community, including

teachers and supervisors, students, principals and parents, and the following we refer to two studies that dealt with trends:

1.6 First study:

A study conducted by researchers Dr. Yassin Alwan Ismail. Iman Hamad Shehab under the title "Attitudes of teachers and teachers of different subjects towards physical education, according to the size of sports practice" in 2008, and the main objective of their research was to identify the trends of teachers and teachers of different subjects (other than physical education) towards physical education according to the size of the practice, and the researchers assumed that there are trends for teachers of different subjects towards positive and negative physical education and work to confront them.

The researchers relied in their applied study on a random sample of teachers and teachers of various subjects (other than physical education) in preparatory schools in Baghdad Governorate, the sample size was 150 teachers, by (15.13%) of the original community and 150 teachers, by (20.13%) of the size of the original community as well.

The descriptive approach was used for survey studies, the questionnaire form was selected that contains a set of questions and was presented to a group of experts to find out its potential in addressing the research problem and its objectivity, so the result was positive, and they also relied on the scale of attitudes towards physical education (Car-Los scale).

There were statistically significant differences for teachers who practiced sports on a permanent basis and for those who sometimes exercised, and there were no statistically significant differences for teachers who did not practice sports.

There are statistically significant differences for teachers who exercise permanently and there are no significant differences for teachers who sometimes exercise and teachers who do not exercise.

There is a weakness in the orientation of many teachers towards exercise.

2.6 Second study:

A study of the attitudes of primary and preparatory school teachers towards physical education and sports carried out by Mohammed Al-Hamahimi in Jordan in Muscat region, where he selected a random sample of 237 teachers from affiliated with primary and preparatory general education schools in Muscat region. The study used the Hamahimi scale of teachers' attitudes towards physical education and sports, the study has shown that primary school teachers have positive attitudes towards physical education and towards both the material and the objectives of

physical education and physical education teachers have occupied the trends towards the goals of physical education ranked relatively higher and occupied after the trends towards physical education teachers ranked the lowest compared to the distance of their attitudes towards physical education As for the gender variable, there were no significant differences between the trends of males The results also showed that the academic qualification of teachers does not affect their attitudes towards physical education, while the impact of years of experience on teachers' attitudes towards physical education was visible to those with more experience.

7. Applied aspect:

1.7 Exploratory study:

The exploratory study is the first step that helps the researcher in providing an overview of the aspects of the field study of his research, and the exploratory study aims to ensure the suitability of the place of study for research, and to verify the validity of the tool used to collect information and know the appropriate time to conduct it.

The exploratory study was on a group of students of the Higher School of Teachers in Bou Saada - Department of Arabic Language, in order to pave the ground and the way for the distribution of the scale to students and answer its questions, as well as in order to ensure the validity of this study and the sincerity of the scale that we used and that it is identical to the sample and that the ground is prepared and helpful to conduct this study.

2.7 Research Methodology:

The subject under study requires us to use a specific method, and each scientific method has its own characteristics, and since our study dealt with the subject of trends, we should have relied on the appropriate approach, which is the descriptive approach that is used in this type of studies and research because we collect, analyze and interpret facts to extract their connotations.

The descriptive approach "is an investigation that focuses on a phenomenon as it exists in the present with the aim of diagnosing it, revealing its aspects and identifying the relationships between its elements" (Turki, 1984, p. 23).

3.7 Research population and sample:

1.3.7 Research Community :

Population refers to a set of things that we want to study either to describe them or to extrapolate their general features, or to extrapolate the relationship between them in order to reach the cosmic norms (Chinese, 1994, p. 220).

Our research community in this study includes students from the Department of Arabic Language at the Higher School of Teachers in Bou Saada.

2.3.7 Research sample :

In addressing this issue, we relied on the intentional sample, which Mohamed Abdel Hamid defines as "those samples that include the names of newspapers, programs or articles and the researcher resorts to selecting them according to a specific predetermined specification so that the research team does not have the choice" (Abdel Hamid, 2007, p. 103).

The sample, according to Mohamed Abdel Hamid, is part of the total population whose characteristics are to be determined by a percentage calculated according to statistical criteria and the nature of the research problem and its data sources.

Based on the subject of our research, we selected an intentional sample represented by the students of the Arabic Language Department of the Higher School of Teachers in Bou Saada, this sample represents 25% of the original community, which was estimated at 184 students.

4.7 Fields of study:

7.4.1 Temporal domain:

This study was carried out during the period of time extending from the start of collecting scientific material, adjusting the research tools and determining the methodological framework for the research, while the applied side we started on 01/11/2018, through which we distributed the scale to the students and we collected it after that to pour its results later to show and analyze the results.

7.4.1 Spatial domain:

Since our research was directed at the students of the Arabic language department of the Higher School of Teachers, the spatial field of our research was exclusively the Higher School of Teachers in Bou Saada in the wilaya of M'sila and specifically the Arabic language department.

5.7 Adjustment of study variables:

Any study problem must contain one or two or more variables for the study, our problem contained a single variable, which is "direction", where we decided to study the trend by dividing it into three dimensions, which are as follows: a trend towards physical education and sports, a trend towards the goals of physical education and sports and a trend towards the professor of this subject .

6.7 Research Tools:

In light of the objectives of the research and the nature of the study and in order to test the hypotheses of the research and determine the extent of their achievement,

we have applied the scale of attitudes of primary school teachers towards physical education and sports.

Which was prepared by Dr. Mohammed Al-Hamahmi on the Jordanian environment on a sample of primary and preparatory school teachers and was adapted to the Algerian environment to suit the responses of the sample members.

This scale consists of three main axes:

Attitudes of primary school teachers towards physical education and sports: It consists of 10 phrases.

Attitudes of primary school teachers towards the goals of physical education and sports: consists of 20 phrases.

Attitudes of primary school teachers towards the physical education and sports teacher: It consists of 10 phrases.

7.7 Statistical processing:

After unpacking the data of the forms valid for study and the answer is fulfilled in the computer, we used the statistical program for social sciences SPSS (Statistical Package For Social Science), which is an integrated computer packages for data entry and analysis, and is usually used in all scientific research that includes many digital data and is not limited to social research only, although it was originally established for this purpose, but it includes most statistical tests (almost) and its superior ability to process data and its compatibility with most software Through the aforementioned program, we analyzed and processed the answers in order to discuss hypotheses in the light of the research objectives, and we used the following statistical methods:

- *Calculating the Cronbach alpha equation (∞) to determine the psychometric properties of the research tool (honesty and stability).

- *Calculate arithmetic mean and standard deviation.

- *Calculate the percentages of the frequencies of the research sample's answers on the tool and express them in relative circles.

- * Calculation of sufficient squared to enrich the results obtained.

8.7 Research difficulties:

If the mission of science and the responsibility of research and studies to acknowledge the difficulties faced in the field, it was worth mentioning some of what we faced in preparing this research and in collecting its data, which were as follows:

- Lack of studies on the subject of higher schools for teachers.

- Students of the Higher School of Teachers in Bou Saada go on strike.

- Lack of references related to the subject of study.
- The lack of comparative and similar studies that feed into the same content of our research.

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7.9 Discussion of hypothesis results:

1.9.7 Discussion of the results of the first hypothesis:

The first hypothesis states that there is a positive trend for students of the Higher School of Teachers in Bou Saada, specializing in Arabic language, towards physical education and sports, and the results showed that there is a trend towards it by female students, where we found that the value of the moral probability has reached 0.012, which is less than the value of the significance level that we relied on in the study, which is 0.05, and from it we accepted the alternative hypothesis that there is a trend towards physical education and sports, as well as after calculating the arithmetic average of the sample members towards the axis of education Physical and sports We found that it fell within the field of the positive category and therefore indicates a positive trend for the answers of the sample members towards this axis, that is, the students had a positive attitude towards physical education and sports, and this means that our hypothesis has been achieved.

This was confirmed by the study carried out by the student: Othmani Abdelkader from the Institute of Physical Education and Sports at the University of Algiers in 2007/2008, who found that there are positive trends for primary school teachers, the first and second phases, towards physical education and sports.

2.9.7 Discussion of the results of the second hypothesis:

The second hypothesis states that there is a positive trend for students of the Higher School of Teachers in Bou Saada, specialization - Arabic language - towards the professor of physical education and sports, and the results showed that there is

a trend towards it by female students, where we found that the value of the moral probability has reached 0.000, which is less than the value of the significance level that we relied on in the study, which is 0.05, and from it we accepted the alternative hypothesis that there is a trend towards the professor of physical education and sports, as well as after calculating the arithmetic average of the sample members towards the axis of education Physical and sports We found that it fell within the field of the positive category and thus indicates a positive trend for the answers of the sample members towards this axis, that is, the students had a positive attitude towards the professor of physical education and sports, and this means that our hypothesis has been achieved.

This is similar to the results of a study carried out by the student Maiza Mubarak from the Department of Physical Education and Sports of the University of Algiers in the year: 2001/2002 under the title: "Attitudes of students of the Department of Physical Education and Sports towards the teaching profession", and among the findings of the student researcher that there is a personal view towards the profession and towards the professor of the respondents and there is also a view of the personal characteristics of the teacher, as he saw that there are no differences between the teacher's personal assessment of his professional abilities.

3.9.7 Discussion of the results of the general hypothesis:

The general hypothesis states that there is a positive trend for the students of the Higher School of Teachers in Bou Saada, specializing in Arabic language, towards physical education and sports in the primary stage, and through discussing the partial hypotheses of our study, we found that all of them have been achieved, and from it we say that the general hypothesis of our study has been achieved, and therefore we found that there is a "positive trend for students of the Higher School of Teachers in Bou Saada, specializing in Arabic language, towards physical education and sports in the primary stage."

This has been followed by many studies, including the student "Othmani Abdelkader" from the Institute of Physical Education and Sports at the University of Algiers in 2007/2008, who found that there are positive trends for primary school teachers, the first and second phases, towards physical education and sports.

Teachers see the necessity of physical education and sports at all school levels, as well as the students who were studied see that physical education and sports are important for students and play an effective role in the development of personality and social values, and also this article plays an effective role in consolidating citizenship and the spirit of cooperation and solidarity, and contributes to raising



the level of achievement of the student as it is considered a complementary material to the rest of the subjects in which the student empties his energies and clears his mind and thus provides the best academic return, so the effective authorities should have taken care of This subject, as well as attention to its facilities and the training of qualified professors in this regard.

10.7 Conclusions:

- The current study revealed that the students of the Higher School of Teachers in Bou Saada - Department of Arabic Language - represented in the study sample that they have positive attitudes towards teaching physical education and sports on the total degree of the scale.

- The results of the current study indicated that there are positive attitudes from the students of the Higher School of Teachers in Bou Saada - Department of Arabic Language - represented in the study sample that they have positive attitudes towards physical education and sports.

- The results of the current study indicated that there are positive attitudes from the students of the Higher School of Teachers in Bou Saada - Department of Arabic Language - represented in the study sample that they have positive attitudes towards the professor of physical education and sports.

8. General Summary:

Our interest in this research was to study the attitudes of students of the Higher School of Teachers towards teaching physical education and sports as well as its degree, whether positive or negative, and to study this important topic we resorted to the methodological steps used by any researcher to walk in the right way towards obtaining the desired result, so we relied on the descriptive approach after we divided our research into two aspects, theoretical and applied, we talked in the first about the terms that we touched on our research as well as the most important points related to that, and in The practical side We analyzed the results of the scale that we distributed to a sample of respondents, and we analyzed the results using the statistical packages program spss, through which we obtained the results of our research, so the results served the general hypothesis that we developed previously after formulating the general problem of our study, Thus, we found that there is a positive trend towards teaching physical education and sports, meaning that most female students are ready to teach this subject despite the many difficulties that this sector is going through, including a lack of means and equipment, a lack of supervision and a lack of interest in physical education and sports at the primary level.

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